



Truth Illuminated Outreach and Volunteer Opportunities

Many of these are opportunities to assist your parish Respect Life Ministry so please check with your parish coordinator first—he or she is in charge of the Respect Life team. If you think someone needs to talk to your pastor, please contact me and I will do it.

Education

- Develop, coordinate, and facilitate presentations for parishioners or for other youth groups on the Church's teachings on the sanctity of life, the parish Respect Life ministry, one of your 2009-2010 TI topics, or a discussion on current prolife topics in the news.
- Bring in local and regional pro-life speakers.
- Sponsor showings of *Thine Eyes*.
- Link pro-life content into parish website or help create a pro-life webpage
- Do pro-life presentation for your local Knights of Columbus council.
- Help implement a spiritual adoption program in your school or parish.
- Assist with creating podcasts or recordings on parish website for all parishioners to listen to and for parish Respect Life coordinators to use in their parish activities.
- Keep the narthex/vestibules stocked with pamphlets and brochures from the diocese or from organizations like Heritage House.
- Have a booth at your annual Parish Ministry Fair. Include visual aids such as fetal models.
- Facilitate presentations on abstinence and other Theology of the Body topics for teens at the local high school.
- Get a parish pro-life bulletin board and include information about...
 - Current events--local, national, and international
 - Pro-life pictures
 - Statistics
 - Parish Respect Life committee contact info
 - Parish Respect Life meeting info
 - Diocese Respect Life office
 - Volunteer opportunities
 - Donation information
 - Knights of Columbus events
 - Pregnancy Resource Clinics, Missouri Right to Life, and other pro-life organization events
 - Either your parish or the diocese Respect Life website
 - Bible verses/reflections on today's readings
 - Pro-life (or popular but subtle pro-choice) book/movie reviews
 - Display pro-life pamphlets
- Provide information to your parishioners on post-abortion counseling and healing via Project Rachel or Silent No More.
- Organize/promote/participate in Life Chain the first Sunday in October.
- Work with the local organizations like Missouri Right to Life to co-sponsor prolife posters, billboards, and signs for local pregnancy centers.
- Enter pro-life floats in local parades.
- Promote the 2011 March for Life.
- Participate with LifeFront in sidewalk prayer/counseling.

Pastoral Care

- Develop, coordinate, and facilitate presentations for parishioners or for other youth groups on the Church's teachings on the sanctity of life, the parish Respect Life ministry, one of your 2009-2010 TI topics, or a discussion on current prolife topics in the news.
- Link pro-life content into parish website or create a pro-life webpage
- Raise funds for March for Life pilgrims in your parish.
- Keep the narthex/vestibules stocked with pamphlets and brochures from the diocese or from organizations like Heritage House.
- Facilitate presentations on abstinence and other Theology of the Body topics for teens at the local high school.
- Volunteer at local hospitals and adult healthcare facilities...
 - Make regular patient visits

- Participate in social and athletic activities
- Provide adult education
- Help with events like an annual garage sale
- Participate in the Legion of Mary, a Catholic organization of prayer and service that visits parishioners, provides religious education, and organizes community services such as prison ministry.
- Assist with a clothing drive for poor and/or abandoned pregnant mothers.
- Provide information to your parishioners on post-abortion counseling and healing via Project Rachel or Silent No More.
- Organize a gift bag program for new parish couples and for current parish couples who are newly married or expecting a new baby.
- Hold a bake sale to raise money for groups of parishioners in need, other parish ministries, and for external not-for-profit organizations like Birthright or Alexandra's House.
- Coordinate with Knights of Columbus or other organization to donate a trip to Washington DC for the March for Life as an item in your annual parish or high school fund-raiser auction. This will not only raise money for a great cause but also send someone to Washington DC and raise awareness for your parish Respect Life ministry.
- Volunteer at a hospice home.
- Volunteer with Special Olympics.
- Participate with LifeFront in sidewalk prayer/counseling.

Public Policy Advocacy

- Develop, coordinate, and facilitate presentations for parishioners or for other youth groups on the Church's teachings on the sanctity of life, the parish Respect Life ministry, one of your 2009-2010 TI topics, or a discussion on current prolife topics in the news.
- Raise funds for March for Life pilgrims in your parish.
- Promote the 2011 March for Life.

Prayer and Worship

- Link pro-life content into parish website or create a pro-life webpage
- Help implement a spiritual adoption program in your school or parish.
- Assist with creating podcasts or recordings on parish website for all parishioners to listen to and for parish Respect Life coordinators to use in their parish activities.
- Lead a weekly hour of perpetual adoration for the unborn.
- Participate in the Legion of Mary, a Catholic organization of prayer and service that visits parishioners, provides religious education, and organizes community services such as prison ministry.
- Organize/promote/participate in Life Chain the first Sunday in October.
- Promote the 2011 March for Life.
- Participate with LifeFront in sidewalk prayer/counseling.

Diocese Respect Life Volunteer Activities

- Join March for Life Pilgrimage planning committee.
- Assist with diocese Respect Life Office fundraiser planning committee. **(New!)**
- Assist with our new Cures Without Cloning website (<http://www.cureswithoutcloning.com>). **(New!)**
- Help start a Truth Illuminated chapter at another high school or parish.
- Help develop diocese educational program content (Truth Illuminated, Spiritual Adoption, etc.).
- Learn and assist with facilitation of diocese Respect Life Office presentations.
- Specialize in a specific pro-life to act as a "certified consultant" to assist fellow parish Respect Life coordinators with questions and issues.
- Do research on local and national companies and their ties to PP and pro-abortion activities.
- Volunteer a few hours each week with the Diocese Respect Life Office (many of these activities can be done remotely)...
 - Research pro-life information and current events
 - Preview pro-life CDs and DVDs (for library, March for Life pilgrimage, etc)
 - Data entry (MS Excel, MS Access)
 - Prepare parish mailings and email communications
 - Make documentation updates (parish coordinator manuals, etc)
 - Assist with graphical design (logo, merchandise, and other diocese respect Life Office branding)
 - Assist with diocese Respect Life Office website redesign and maintenance
 - Assist with maintaining diocese Respect Life Office Facebook sites.
 - Accompany Respect Life Director and/or other pro-life volunteers in need of a prayerful witness outside of the abortion mills.