

## *Did You Know?*

1. The food Pantry provides assistance for over 55 families plus numerous individuals each month.
2. Our Pantry also helps people with emergency services such as utility assistance whenever possible.
3. The Pantry expects the number of families and individuals to keep climbing while the economy recovers from the recession.
4. Many of the clients that rely on the pantry are your friends and neighbors that are currently experiencing hard times, through no fault of their own.
5. The Pantry is deemed an emergency assistance pantry; so clients can only come once a month.
6. With your help, we can ease the suffering and stress that so many in our parish and community are experiencing.

The social Outreach arm of the Peace and Justice Committee has come up with a plan to help our brothers and sisters, but it will only be possible with your help. We will be asking you to pledge on May 8<sup>th</sup> to donate an item from a needed list to the pantry once a month, and with these contributions we will be able to help take care of those in need here at home.

As our Lord said in Mathew 25-35, "I was hungry and you gave me food..." With your kindness and generosity we can help to alleviate hunger in our neighborhood one person at a time.

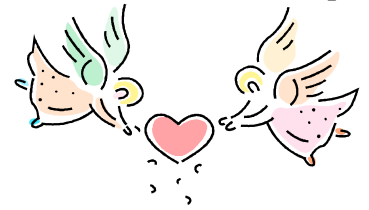
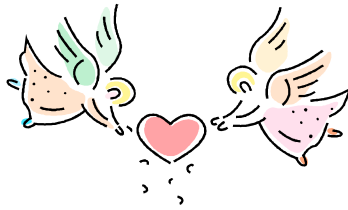
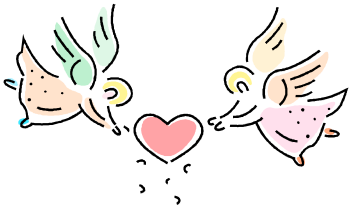
We will bring you more information on the plan as pledge days May 14-15<sup>th</sup> approaches.

Peace and Justice Social Outreach Committee

## *List of most needed items by the Pantry*

*(You will be asked to donate one)*

- Shampoo
- Spaghetti sauce
- Jars of jelly
- Instant potatoes
- Can of Pork & Beans
- Cans of meaty soups
- Packs of toilet tissue
- Packs of pasta
- Mac & Cheese
- Boxes of Hamburger Helper
- Cans of pasta
- Adult cereal
- Tuna
- Cans of peas
- Bar soap
- Dish soap
- Kids cereal
- Boxes of crackers
- Toothpaste
- Clothes detergent
- Cans of chili



I Pledge as a member of the guardian Angels Community, to donate the item I have selected which will aid the Food Pantry in providing assistance to as many of our brothers and sisters as possible. For through this endeavor we make our Lords words of charity a reality.

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Please Print

Name \_\_\_\_\_

Please Print

Name \_\_\_\_\_

Please Print

Name \_\_\_\_\_

Phone \_\_\_\_\_

Phone \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Email \_\_\_\_\_

Email \_\_\_\_\_

Please number 5 items in order of preference.

Last name starts with A-G

3 shampoos	
2-8 pack of toilet tissue	
3 cans or jars of spaghetti sauce	
3 packs of pasta	
3 jars of jelly	
9 boxes mac & cheese	
3 boxes instant potatoes	
2-3 boxes hamburger helper	
3-4 cans of pork & beans	
3-4 cans of chili	
3 cans of pasta example: ravioli	

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3 cans of pasta example: ravioli	

Last name starts with H-Z

3 cans of meaty soup	
2-3 adult cereals	
2-3 kid cereals	
4 cans of tuna	
2-3 boxes of crackers	
5 cans of peas	
3 toothpaste	
2-3 bar soap multi packs	
2 clothes detergent	
3-4 dish soap	

Last name starts with H-Z

3 cans of meaty soup	
2-3 adult cereals	
2-3 kid cereals	
4 cans of tuna	
2-3 boxes of crackers	
5 cans of peas	
3 toothpaste	
2-3 bar soap multi packs	
2 clothes detergent	
3-4 dish soap	

Last name starts with H-Z

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2-3 kid cereals	
4 cans of tuna	
2-3 boxes of crackers	
5 cans of peas	
3 toothpaste	
2-3 bar soap multi packs	
2 clothes detergent	
3-4 dish soap	