

## Is Your Family Safe Survey



### As For Me and My House (Joshua 24:15) Checklist for a Spiritually Healthy Family

	Never 1	Sometimes 2	Always 3
1) Does your family pray together?	1	2	3
2) Does your family celebrate Sunday mass together and participate in the life of the parish?	1	2	3
3) Does your family enjoy regular meals together?	1	2	3
4) Do the parents set rules and expectations for the children regarding such things as telephone and computer use, video games, study time, and curfews?	1	2	3
5) Do the parents monitor and limit what the children are allowed to watch on television?	1	2	3
6) Are all computers and televisions within the home in open and visible places (and, in particular, not in children's bedrooms)?	1	2	3
7) Does your family regularly participate together in activities aimed at physical and mental development?	1	2	3
8) Do the parents make wise and virtue-centered choices about their own entertainment, including television, movies, reading material, and internet?	1	2	3
9) Do the parents, both publicly and privately, model the kind of behavior they want their children to emulate?	1	2	3
10) Parents will seek or recommend pastoral or professional care if needed and will be advocates.	1	2	3
	<b>Total</b>		

If you scored 25-30, you are clearly concerned about making good choices for your family. Keep up the good work, and come and participate in As For Me and My House to share the secrets of your success.

If you scored 15-25, perhaps your family could benefit from better monitoring. As For Me and My House may be just what you need.

If you scored less than 15, we urge you to begin now to make some positive changes for the health of your family. As For Me and My House is ready, willing and able to help.